Grounding
ListeningWorks Resource

There will be times when a Speaker in a Listening Partnership shares deeply. At the end of their time, it is important to offer them Grounding Questions, which are random, light questions that are irrelevant to what was spoken.

Please offer them until the person who shared feels present and ready to listen to you!

⭐ Ask a RANDOM question.
⭐ What invention can you make with cheese, floss and rocks?
⭐ How many colors are in the rainbow? Can you name them all?

⭐ Ask a PREFERENCE question.
Do you prefer…and why?
⭐ Chocolate or dark chocolate?
⭐ High or Low?
⭐ Left or right?
⭐ Stones or rocks?

⭐ Ask a GEOGRAPHY question.
⭐ Three countries that start with the letter “L”?
⭐ What is one hot place you want to visit and one cold place you want to visit?

⭐ Play a WORD GAME.
⭐ What are three words that rhyme with “game”?
⭐ Make a sentence using the letters in the word “chair.”
⭐ What is the homophone (word with same sound, different meaning) for an ingredient in a cake and a sign of Spring? Answer: Flour/flower